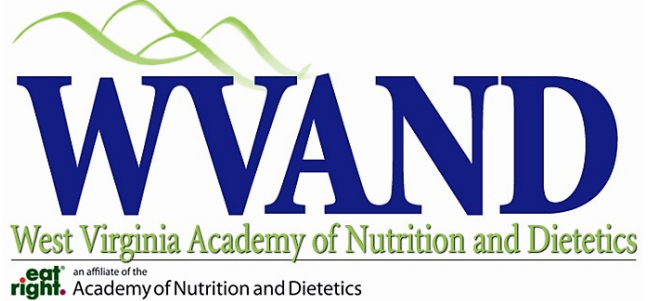


WVAND Member Newsletter

Summer/Fall 2019

www.eatrightwv.org



In this issue:

- Meet the Board
 - Letter from the President
 - Get Involved!
 - FNCE® 2019
- [Page 2](#)
- WVAND FNCE 2020
 - Action Alert
 - CDR Update
 - Awards & Scholarships
 - Update from Delegate
 - Save the Date

Meet Our Executive Board...

- Megan Govindan, President
 - Christina Nelson, President-elect
 - Tonya Callicoat, Treasurer
 - Tiffany Mihaliak, Secretary
 - Cathy Shaw, Delegate
 - Heidi Schwartz-Church, Council on Professional Issues Chair
 - Jenna Boytek, Council on Professional Issues Chair-elect
- www.eatrightwv.org/secured/board.php



Greetings fellow members of the West Virginia Academy of Nutrition & Dietetics,

Welcome to the 2019-2020 year! As this year's President of our state affiliate of the Academy of Nutrition & Dietetics, I want to THANK YOU for your ongoing membership. I am honored to serve as your President - and look forward to working closely with the board to meet and exceed your expectations as a member. Having been involved since my days as an undergraduate student, and serving as a board member in various positions - I am constantly inspired and amazed by teamwork, camaraderie, and dedication of our members.

This year, we have many new faces joining us! It confirmed my belief that our organization is vibrant, growing, and that members are engaged and motivated. Please take a moment to review our website, and become acquainted with our board of directors. Although we are a small group, we accomplish a lot each year. On that note, please take a moment to mark your calendars for our state affiliate's two main events;

- Eat Real West Virginia Day at the State's Capitol on **Tuesday, January 14th, 2020**
- **WVAND FNCE on April 23-24, 2020 at Adventures on the Gorge!**

In addition to these events, WVAND is active in legislative issues, and has annual scholarship. We welcome individuals to join our Public Policy team, to advocate for our profession. We also have additional openings on our board for conference planning, public newsletters, and state regulatory specialist. Lastly, please reach out to me, or any of our board members if you have ideas, questions, or just want to get involved. Remember - this is **YOUR** association and the West Virginia Academy of Nutrition & Dietetics needs **YOU** to continue.

Healthy regards,

Megan Govindan MPH, MS, RDN, LDN

President - West Virginia Academy of Nutrition & Dietetics

E-mail: mcgovindan@gmail.com

Are you interested in becoming involved with WVAND??

We want YOU!

If you are interested in running for a board position or working on a committee please contact Lacy Davidson

lacydavidson@me.com

The following positions are currently open:

- Reimbursement Chair
- State Regulatory Specialist
- Historian
- Public Newsletter

eat right. Academy of Nutrition and Dietetics

FNCE® 2019

Food & Nutrition Conference & Expo™

Philadelphia, PA | October 26-29

To register and for more information:

eatrightfnce.org/attend/registration/

DO you have something to share for the next newsletter? Please submit suggestion by January 31st, 2020 to Gina Kontur

gmkontur@gmail.com

Want to help support WVAND FNCE 2020?

Consider being one of the speakers or sponsors!!

Call for Proposals– deadline November 4, 2019

Sponsor/vendor information coming soon. Visit the website often for updates and Speaker Proposal Form!

www.eatrightwv.org/meeting2020/

Public Policy Update: September 2019

Take Action Today on Food Waste

Studies show Americans are confused by food date labels; that means significant amounts of edible food ends up in landfills. Food waste is one of the most pressing challenges of our time and one that is solvable. The **Food Date Labeling Act (H.R. 3981 / S. 2337)** would reduce food waste by standardizing date labels on food products and eliminate consumer confusion about food date labeling.

Thank you to everyone who has taken action on this important issue. **So far, 2.9 percent of Academy members have taken action.**

If you have not taken action yet, please [take action today!](#)

CDR Updates

Certificate of Training in Obesity Interventions for Adults

October 3-4, 2019; Dallas, TX
October 24-25, 2019; Philadelphia, PA
November 19-20, 2019; New Orleans, LA

Certificate of Training in Childhood & Adolescent Weight Management

November 21-23, 2019; New Orleans, Louisiana

For more information www.cdrnet.org/interdisciplinary

Awards and scholarships update

In the coming months, please be on the lookout for information regarding nominations for awards and scholarships. If you can think of an incredible colleague, student, or friend of the profession that you would like to nominate, we have a variety of award categories. Details on our awards, including background information and nomination criteria, are accessible on our website: eatrightwv.org/awards.php. The Academy has awards information on their website, too: www.eatrightpro.org/leadership/honors-and-awards/affiliate-awards

Please contact Brooke Nissim-Sabat via brooke.nissimsabat@pierpont.edu if you have any questions or are interested in being part of the awards selection committee.

From Your Delegate, Cathy Shaw....

The Academy House of Delegates (HOD) selected the topic of **Technology: Big Data** for discussion at the Fall 2019 HOD meeting. As a part of the HOD meeting dialogue, delegates will dive further into what is needed to elevate the role of RDNs and NDTRs and improve outcomes in all areas of practice by leveraging Big Data. This is where we need your help!

What do we mean by Big Data? In the most general explanation, it refers to extremely large data sets that may be analyzed computationally to reveal patterns, trends, and associations, especially relating to human behavior and interactions. Data may come from a wide variety of sources such as digital transactions, social media, smartphones, sensors, “smart” home devices, electronic health records and health care claims, to name a few. A few examples of Big Data include tracking food intake and steps taken on a smartphone, using sensor data to predict weather, and self-driving cars.

Please take [this survey](#) on Technology: Big Data before **Thursday, October 3, 2019**. The survey should take approximately five minutes of your time.

Our members’ results will be shared with us (your delegate/s) as well as the entire HOD to help inform the dialogue on Friday, October 25 during the HOD Fall 2019 Meeting. Thank you for your



Save the Date!!!

Eat Real WV Day at the State’s Capitol

Tuesday, January 14th, 2020

WVAND FNCE at Adventures on the Gorge

Thursday April 23 & Friday April 24, 2020

www.eatrightwv.org/meeting2020/

Follow WVAND on social media

