

WVAND Member Newsletter

Summer/Fall 2020

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Meet our 2020/2021 Executive Board!

Christina Nelson, President
Heidi Schwartz-Church, President-elect
Sharon Maynard, Treasurer
Tiffany Mihaliak, Secretary
Cathy Shaw, Delegate
Denise Ferris, Professional Development Committee Chair
Sarah Thompson, Professional Development Committee Chair-elect
www.eatrightwv.org/secured/board.php



As October nears and the global COVID-19 pandemic continues to create worldwide challenges unlike any that we or our nutrition and dietetics predecessors have experienced, the Academy's Board of Directors determined on Friday, June 19, that the 2020 Food & Nutrition Conference & Expo™, scheduled for October 17 to 20 in Indianapolis, Ind., will transition to a virtual event experience, to be held on the same dates.

This year's theme, "Something for Everyone", offers many different education sessions with CPEU opportunities, student opportunities, Foundation events, and a Learning Lounge. Check out the line up of virtual opportunities and events at eatrightfnce.org/ Regular Registration is open until September 30th. To register, go to eatrightfnce.org/attend/registration/

Planning Ahead

Present at FNCE® 2021- The Academy of Nutrition and Dietetics will host FNCE® 2021 in New Orleans from October 16-19, 2021. The Academy's Committee for Lifelong Learning is looking for original ideas and subject matter experts to present advanced level, cutting-edge, and evidence-based sessions that address current challenges faced by nutrition and dietetics professions. They welcome proposals with original ideas that provoke discussion and audience engagement, as well as proposals for solution-oriented sessions that address current food and nutrition challenges we face as a profession.

If you are interested in presenting at FNCE 2021, go to eatrightfnce.org/program/present-fnce/ for more information and to submit your proposal. The 2021 Call for Sessions closes at 5:00 p.m. (Central time) on Wednesday, November 18, 2020.

Looking Forward.....

March 2021 will be National Nutrition Month - we eagerly await the national theme and look forward to your plans to make The Academy theme a spotlight in March and hope that you are enjoying helping others learn to 'Eat Right, Bite by Bite' as we finish out 2020.

Share your photos on Facebook and Instagram at:

[#NationalNutritionMonth](#) & [@eatrightwv](#)



Are you interested in becoming involved with WVAND??

We want YOU!

If you are interested in running for a board position or working on a committee please contact Megan Govindan
Megan.govindan@mail.wvu.edu

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~~Around the State~~



As of June of 2019, Pierpont Community & Technical College’s School of General Education and Professional Studies is housing the new Associate of Applied Science (A.A.S.) degree in Food Service Management with a concentration in Nutrition and Dietetics Technology. This degree option has been granted accreditation by the Accreditation Council for Education in Nutrition and Dietetics (ACEND).

They can accept up to 15 students each year into their Nutrition & Dietetics Technician, Registered (NDTR) program. Students must apply for the selective program in Nutrition and Dietetics Technology in addition to applying for admission to Pierpont Community and Technical College. Acceptance into this 63-credit program provides students with classes and labs in nutrition, anatomy and physiology, microbiology, medical terminology, culinary arts, and professionalism in addition to general studies courses such as English, mathematics, computer concepts, and sociology. The degree is built around experiential learning and includes 450 supervised practice hours embedded in the curriculum. Students can expect to complete internship experiences in locations such as local hospitals and long-term care facilities, community nutrition agencies, food service management and school food programs, as well as many other sites. Demand for NDTR positions in West Virginia is high. Among those expressing an interest in hiring graduates: WVU Hospitals, WIC, Aladdin Food Service, Genesis. Graduates of the program will receive a verification statement and become eligible to take the Commission on Dietetic Registration’s credentialing exam for NDTRs.

For more information about this exciting new option for credentialed nutrition professionals in our state, please contact Program Coordinator, Pamela Hamilton, MS, RD, LD, at pamela.hamilton@pierpont.edu or 304-367-4297

News from the Kids Eat Right subcommittee, Sharon Maynard, RD,LD, FAND:

WV is back in school in this crazy 2020 world and September is *National Hunger Awareness Month*. Many students are learning from home and teachers, families, students and our own RD Foodservice directors have faced challenges to meet the needs of children. Child nutrition directors are adjusting food delivery methods--often multiple times a week to provide much needed food. More students and families are food insecure and hunger is an even larger issue.

USDA has implemented continuation of the Summer Feeding Program through December 31, 2020 which provides breakfast and lunch but grants some flexibility including the ability to feed all kids under 18. In WV, meals have exceeded the normal numbers.

In the school world, the primary focus is not only on feeding children but also on meeting their social and emotional needs. This reminds me of psych 101, “Maslow’s Hierarchy of Needs” and right now, we are trying to meet the most basic requirements. Check out these resources and activities:

Thinkids thinkkidswv.org/ A resource landing for child-focused programs in WV

Action for Healthy Kids: Links for resources for families, educators and teachers <https://www.actionforhealthykids.org/resources-for-back-to-school-planning-amid-uncertainty/> <https://www.actionforhealthykids.org/>

Fuel up to Play 60- Introduces the Virtual Wellness platform “The Fuel up to Play 60 Homeroom” <https://www.fueluptoplay60.com/>

The Health and Hunger Project: https://us02web.zoom.us/webinar/register/WN_rs5BDWwmTBGcHquj2JIWmw

Please Stay Tuned.....

Currently the Professional Development Committee is working diligently to plan the **2021 WVAND Food & Nutrition Conference and Expo** which will be a virtual event held in Spring 2021. More information will be posted on the WVAND Facebook page as it comes available.

FREE CEU Opportunities!

Sound Bites® Media & Communications Training is scheduled for **Monday, November 2, 2020 from 10:00 - 11:30 am**. The event is free of charge. The first session will be 1.5 hours and the second will be 4 hours. This free webinar is open to all West Virginia RDN, DTR and dietetic interns, courtesy of the West Virginia Academy of Nutrition & Dietetics and the American Dairy Association Mideast. Follow this link to enroll:

<https://us02web.zoom.us/webinar/register/>

Sign up for @National Dairy Council’s **September 30** webinar, *The Ethics of Hunger*. Nourishing Communities in Need. Feeding America has estimated that more than 54 million people – including 1 in 4 children – may experience food insecurity in 2020. Join Clancy Harrison, MS, RDN, FAND, Jerod Matthews, and Jean Ragalie-Carr, RDN, LDN, FAND for this 90-minute webinar where they will provide practitioners with screening tools and resources to facilitate solutions to improve access to nutrient-rich foods for all. Register here: <https://tinyurl.com/y6kedypy>