

WVAND Member Newsletter

Winter/Spring 2021

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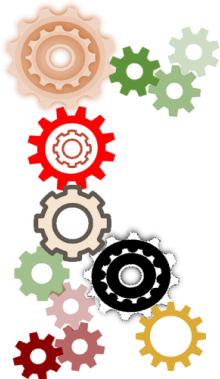
MARCH IS NATIONAL NUTRITION MONTH!

“Personalize Your Plate” is the 2021 theme

Visit www.eatright.org/food/resources/national-nutrition-month for tools, ideas, and merch.

Tag on social media to share what you are doing for NNM!

#NationalNutritionMonth & @eatrightwv



Innovations in Practice Working Together

WVAND 2021 ANNUAL CONFERENCE AND EXPO IS VIRTUAL!!

Registration Open NOW through April 12th

APRIL 21-22, 2021 for 12 CEU's & 1 CEU for exhibitors (approvals pending)

The Professional Development Committee has been working diligently to provide an exciting WVAND Conference this year! The theme is ‘Innovations in Practice: Working Together’ and we have cutting edge speakers to give us the latest!

Keynote: Academy President-elect Kevin L. Sauer, PhD, RDN, LD, FAND

Telehealth and Licensure Panel – including our very own Cathy Shaw, RDN, CSOWM, LD; Dr. Melissa Ventura-Marra, PhD, RDN, Associate Professor WVU, and AND Pepin Tuma and Nate Strizinger, MPH, RDN;

Detecting Adult Malnutrition through Nutrition Focused Physical Assessment - Katie Robinson, PhD, MPH, RD

The Dairy Matrix, More Than the Sum of its Nutrients, including an overview of the latest Dietary Guidelines for Americans. - Julie Hess, PhD, Director Scientific Affairs, NDC

Helping Clients Wade Through a Fad Crazy World -Toby Amidor, MS, RD, CDN, FAND

Inclusion, Diversity, Equity, and Access in our Profession: Join The Journey! - Aida Miles, EdD, MMSc, RDN, LD, FAND,

As always, there will be virtual exhibitors, poster sessions, business meeting, awards presentations, and foundation fundraising prizes. Plan to Attend! For more information, updates, and to register go to:

www.eatrightwv.org/meeting2021/

WVAND Awards & Scholarships are open for nominations and applications!

Watch your Academy-linked email for more details soon.

Award Categories:

- Outstanding Dietetic Student of the Year
- Recognized Young Dietitian of the Year
- Recognized Dietetic Technician of the Year
- Outstanding Dietitian of the Year
- Emerging Dietetic Leader Award
- Rhododendron Award

Scholarships:

- (amount TBD based on donations received)
- Lilian Halverson Undergraduate Scholarship
- Helen Lodge Internship Scholarship

To apply, nominate someone, or make a donation to our Awards & Scholarships fund, please visit eatrightwv.org/awards.php. For any questions, contact Brooke Nissim-Sabat WVAND Awards & Scholarships Committee Chair brooke.nissimsabat@pierpont.edu

Academy Foundation Raffle!

WVAND has received a **Whole Grains Basket** to be raffled. All proceeds collected will be donated to ANDs Foundation! The basket includes various WV grown grains and Sue Becker's Cookbook. Raffle closes March 5, 2021 and the winner to be announced on March 8th. Go to eatrightwv.org/registration/ to find out more and to buy tickets! Whole Grains Sampling Day is Wednesday March 31st.

CALL FOR NOMINATIONS!

WVAND has opportunities for you to serve on the Board of Directors! Current positions available include President-elect, Secretary, and Professional Development Committee-elect. If you are interested, or know someone who is interested in running for one of these positions, please contact **Heidi Church** at heidird@gmail.com or Christina Nelson at gayheart-nelson@outlook.com to find out more. Elections for the 2021-2022 BOD are being held March 1st—31st.



Angel Cunningham Appointed as WVAND's Diversity & Inclusion Liaison

Angel Cunningham, MS, RD, LD, has been appointed to be WVAND's first ever Diversity and Inclusion Liaison (DIL). Angel is a graduate of Marshall where she completed her Bachelor's and Master's degrees in Dietetics as well as her Dietetic Internship. She is employed by the Bureau for Public Health as a Local Agency Nutrition Monitor. She will be serving WVAND by establishing our DIL's position description and reporting structure. DILs in all states and Academy Dietetic Practice groups are charged with conducting diversity outreach events to promote the profession to diverse individuals and/or increase cultural competency of current practitioners.

The Academy's diversity efforts are designed to strengthen the Academy through the continued development of a diverse membership and enhanced leadership opportunities for diverse members, as well as, through the support of strategic initiatives that promote global health and well-being through food and nutrition by increasing diversity within the profession and increasing the cultural competency of those in the profession.

Sound Bites: Media trainings: part 1.0 and part 2.0

Featuring...



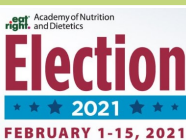
In November, over a hundred WVAND participants joined expert Media trainer, **Melissa Joy Dobbins**, to learn to be a more effective communicator! Even in a Zoom setting, we were able to practice these techniques and receive feedback.

Heidi Church said, "The training inspired me to take my online visual presence more seriously. I have invested in both a halo light and tripod for video conferencing and have created a dedicated space that is professional in appearance."

Brought to you by: WVAND and American Dairy Association

Mallory Mount said that she has already put the media training tips into action in her interview on local television with WSAZ.

In January, a smaller group of WV leaders continued their training by taking a deeper dive into communication skills and techniques. WVAND is thankful to have partnered with American Dairy Association to provide this training.



Project Vote was a success for WVAND with a 24% membership vote. While only 23 voters shy of winning the contest, the action was over a 400% increase over last year in participation. This shows that when the call to action message is received, members answer the call. With that being said, we need to hear from YOU! Project Vote messages were sent by Facebook and email. If you did not receive the messages, please contact Jessica jwalden@suddenlink.net with subject: WVAND Communication and state the best way to provide you with communication. It is with great passion that your communication is provided so that further information will reach you. Thank you for a successful 2021 Project Vote! Next year, we plan to take the lead!

WV MNT Provider's Corner

Due to the extension of the Public Health Emergency, the Department of Health and Human Services has extended all waivers and flexibilities for CMS services through April 21, 2021, including payment for telehealth services. Private insurers may have made their own changes to payment for telehealth coverage; therefore, it is important to check with each insurer for coverage details.

For those currently enrolled, the Quality Payment Program (QPP) will not see any changes in 2021. The QPP was enacted as part of the 2015 Medicare Access and CHIP Reauthorization Act. This changed payment models from fee-for-service to pay-for-performance. The QPP is broken down into two tracks, Merit-Based Incentive Payment Program (MIPS) and the Advanced Alternate Payment Model (APM), dependent on eligibility. To become familiar with the program, the Academy encourages Medicare providers who are not currently eligible for MIPS to voluntarily participate, especially as we continue to advocate for the MNT Act of 2020.

More information about the QPP and MIPS can be found [here](#).

For questions regarding payment and reimbursement in WV, please contact Heather Dyson, WVAND Reimbursement Representative, at RDPayment@eatrightwv.org

~~~ **HAPPY RETIREMENT!** ~~~



**Anne MacBride**, WVAND Member, and Brenda Fisher served West Virginia 80 (combined) years promoting nutrition and health. They retired this fall. Both received Masters of Science Degrees from WVU. Anne worked 42 years at WIC in Monongalia County where she was Program Director. Anne received the WVAND Outstanding Dietitian Award in 1989. She also has an award named after her, the Anne MacBride WIC Award, and was conceived by her staff to honor those who go above and beyond. Future awardees must have 20 years of service with WIC. Brenda began her career as a Registered Dietetic Technician, then as a Registered Dietitian in hospitals, University Resident Halls and Hospice. Brenda retires from WIC with 27 years of service. She is the newest recipient of the Anne MacBride WIC Award.



**Barbara Hartman**, loyal WVAND member, served many years as the food service manager for the Martinsburg VA. Her food service facility had many achievements under her direction including winning the National VA Sustainability Award, Presidential Green Gov Award, and her proudest work achievement when two of her food service workers were quoted in the July 2010 Today's Dietitian article on food waste and composting. Personal achievements include completing the LVA in 2011, chairing the Hunger and Environmental Nutrition DPG in 2004-05, and serving as President of the WVAND in 2016-18. Barbara is "transforming" February 26, 2021 whereafter she plans to recreate herself including taking some road trips in her tiny camper to visit friends and national parks, community and VA volunteer work, and knitting and felting sheep wool.

(Barb pictured left with Cam Tabb, 2nd generation farmer in Jefferson Co)

**Mark Your Calendar**

|                                              |                  |
|----------------------------------------------|------------------|
| <b>WVAND Elections</b>                       | March 1st - 31st |
| <b>Registered Dietitian Nutritionist Day</b> | Wed March 10     |
| <b>Eat Right WV Day</b>                      | Fri March 12     |
| <b>WVAND BOD Meeting/Call</b>                | Mon March 22     |
| <b>Whole Grains Sampling Day</b>             | Wed March 31     |
| <b>WVAND Annual Conference &amp; Expo</b>    | April 21-22      |
| <b>WVAND BOD Meeting/Call</b>                | TBD              |

**Follow WVAND on Facebook**



**Are you interested in becoming involved with WVAND??**  
**We want YOU!**

If you are interested in running for a board position or working on a committee please contact Heidi Church [heidiRD@gmail.com](mailto:heidiRD@gmail.com) or Christina Nelson at [gayheartnelson@outlook.com](mailto:gayheartnelson@outlook.com)