

Symposium

The Skinny on Body Image and Disordered Eating among Youth & Young Adults

Presenter: Virginia Quick, PhD, RD



Dr. Virginia Quick is a NIH Postdoctoral Fellow at the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development in the Division of Intramural Population Health Research, Health Behavior Branch. Her main research of interest focuses on examining eating behaviors, disordered eating, and body image of youth and young adults, particularly those with chronic illness. Currently, she is collaborating with NIH investigators at examining outcomes from a behavioral nutrition intervention among youth with type 1 diabetes and their families (i.e., Cultivating Healthy Eating in Families with type 1 diabetes [CHEF study]). She also is involved with research examining trends of weight perceptions and dieting for weight loss among youth from the Health Behavior for School-aged Children (HBSC) international study. Dr. Quick holds her Bachelor of Science and Doctorate degrees in Nutritional Sciences from Rutgers University and is a registered dietitian. Prior to NIH, she was a Postdoctoral Fellow at the University of Minnesota where she collaborated on research projects with the Project EAT (Eating and Activity among Teens and Young Adults) team at the School of Public Health.

 West Virginia University
DAVIS COLLEGE OF AGRICULTURE,
NATURAL RESOURCES, AND DESIGN

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12 Noon – 1:00 PM

WVU HSC Hostler Auditorium
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