

**Continuing Education Opportunity**  
**1<sup>st</sup> Annual West Virginia Eating Disorder**  
**Network Conference**

**Friday, April 11, 2014**  
**Robert C. Byrd Health Sciences**  
**West Virginia University-Charleston Division – Room 4020**  
**3110 MacCorkle Ave. SE**  
**Charleston, WV**  
**Registration 7:30 a.m.**  
**Program 8:00 a.m. – 3:30 p.m.**

**Program Overview**

The West Virginia Eating Disorder Network was developed in the summer of 2013 to provide a forum for providers of all disciplines to discuss, consult, and continue to learn about the complex challenges faced by clients with eating disorders. This conference is designed to introduce diagnosis, assessment, medical and nutritional concepts, and evidence-based treatments for individuals with eating disorders. It will also provide ample time for networking with others in our state. Physicians and mental health providers including Psychiatrists, Psychologists, Licensed Professional Counselors, Social Workers, Nurses and Dietitians as well as other interested healthcare professionals are invited to attend. There are no pre requisites.

**Objectives:**

At the completion of this program, participants should be able to:

- Understand assessment and diagnosis based on the DSM-5
- Describe the three stages of Family Based Treatment
- Identify the basic tenants of Cognitive Behavioral Treatment for individuals with eating disorders
- Recognize and address the common medical complications of eating disorder, including re-feeding syndrome; and
- List necessary components of nutrition education.

Co-Sponsored By  
***CAMC Health Education and Research Institute and  
The West Virginia Eating Disorder Network***

**Disclosure:** It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II must disclose any financial interest or other relationship; (i.e. grants, research support, consultant, honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. All faculty and planning committee members have disclosed that no relationships exist.

**Accreditation:**

***Physicians-***The CAMC Health Education and Research Institute's CME program is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. The CAMC Health Education and Research Institute designates this educational activity for a maximum of 6 AMA PRA *Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

***Psychologist-*** The West Virginia Board of Examiners of Psychologists has approved this program for 6 contact hours.

***Nurses-***The CAMC Health Education and Research Institute is accredited as a provider of continuing education in nursing by the West Virginia Nurses Association. WVNA is accredited by the American Nurses Credentialing Center's Commission on Accreditation. This program has been approved for 6.5 contact hours (PO15-14-13657)

***LPC-*** The West Virginia Board of Examiners in Counseling has approved this program for 6 contact hours under approval number WVBEC-041114

***Dietitians-***This program has been approved for 6 CPE hours by the Commission on Dietetic Registration, the credentialing agency for the American Dietetic Association.

***Social Work-*** CAMC Health Education and Research Institute is an approved provider of continuing education by the West Virginia Board of Social Work Examiners. This program has been approved for 6 hours of social work credit. Approval number #490045.

**Please see reverse side for registration information and program agenda**

**Conference fees:**

REGISTRATION FORM

**1st Annual WV Eating Disorder Network Conference - Friday, April 11, 2014**

Please register no later than Tuesday, April 8, 2014

**\*\*On site registration is available; however, we do encourage pre-registration to be assured a spot and meals for the day.**

Name: \_\_\_\_\_  
Degree/Specialty: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
E-Mail Address: \_\_\_\_\_  
Hospital/Institution: \_\_\_\_\_

Conference Fee:	
All Participants	\$65.00
CAMC/WVU-Charleston employees	\$40.00
Students (must include college ID)	\$20.00
CAMC Residents	No charge

Please note that payment must accompany registration

Conference fee includes credit processing fee, conference materials, continental breakfast and lunch.

You may register online at [www.camcinstitute.org](http://www.camcinstitute.org)

Method of Payment

\_\_\_\_\_ MasterCard                      \_\_\_\_\_ Visa                      \_\_\_\_\_ Check Enclosed

Account #: \_\_\_\_\_  
Exp. Date: \_\_\_\_\_ Amount: \_\_\_\_\_  
Signature: \_\_\_\_\_

Make check payable to CAMC Institute and return to:  
CAMC Health Education & Research Institute  
3110 MacCorkle Ave. SE  
Charleston, WV 25304  
Email: [institute@camc.org](mailto:institute@camc.org) Phone: (304) 388-9960 Fax: (304) 388-9966

**Cancellations and Substitutions Policy:**

You may cancel your registration up to 10 business days before the program and we will refund your full registration. If you need to cancel less than 10 business days prior to the program you may, 1) send a substitute from your organization or 2) transfer your registration fee to another program of your choice that is scheduled within 12 months of your original event. Please note: if you don't cancel and don't attend you are still responsible for payment.

**Agenda**

- 7:30 a.m.            *Registration/Continental breakfast*
- 8:00 a.m.            Welcome & Program Overview  
                          Jessica Luzier, PhD
- 8:15 a.m.            **Assessment & Diagnosis of Eating Disorders Using the DSM-V**  
                          Kathryn D. Kriegshauser, MS & Jessica L. Luzier, PhD
- 9:15 a.m.            **Introduction to Family Based Treatment for Eating Disorders**  
                          Jessica L. Luzier, PhD & Jennifer M. McFarland-Whisman, PhD, BCBA
- 10:15 a.m.            Break
- 10:30 a.m.            **Cognitive Behavioral Treatment of CBT & BED**  
                          Jessica L. Suisman, MA
- 12:30 p.m.            *Lunch - provided*
- 1:30 p.m.            **Medical Complication of Eating Disorders**  
                          Stephen B. Sondike, MD
- 2:30 p.m.            **Nutritional Interventions for Individuals with Eating Disorders**  
                          Brandi E. Sentz, MHA, RD, LD
- 3:30 p.m.            *Evaluation/Adjourn*