



**Kukulcan**  
educational spanish community

## TRAVEL/STUDY PROGRAM

### Mexican Cuisine: Food and Cultural Identity

- IMMERSE yourself in Mexican culture for two weeks in a beautiful, traditional colonial town.
- STUDY Spanish at a first-rate language school.
- EARN 60 CPEU's while experiencing Mexican Culture and its food!
- MEET the Mexican people.
- ENJOY weekend and weekday excursions to surrounding cultural and historical areas.

**Objective:** This travel study program is designed for all age learners who are interested in spending two unforgettable weeks in Cuernavaca, México, "The City of Eternal Spring", while examining the importance of the culinary "trinity" of chocolate, chilli and corn to the Mexican diet and the national psyche. This program has been approved by the Commission on Dietetic Registration for 60 CPEU's.

**Unique benefits:**

- **Language study**, in small group classes with native speakers, elementary, intermediate or advanced conversational and functional Spanish. No tests, a stress-free opportunity to learn or practice the language at personal speed and needs.
- **Classes in Mexican Cuisine & Identity.** We will focus on the history and techniques of Mexican cooking and the ways that culinary traditions define personality and ethnic identity.
- Optional **evening activities** such as dancing, dinners, and folk art workshops.
- **Home stays** with Mexican families in double room occupancy, transportation to school, and three meals a day. A unique opportunity to live with a typical Mexican family and become a part of their lives. Alternative accommodations at our on-campus "**VITALI suites**" are available upon request at an up charge of \$300 US per person with breakfast included in double room occupancy.
- **Guided tours** to complement the class subjects.
- Overnight **excursion** to Puebla in double room occupancy and buffet breakfast included.
- Use of **Kukulcan facilities** which include indoor and outdoor classrooms, swimming pools, manicured gardens, reading room, cafeteria, wireless internet access, 15-minute walking distance from downtown.

**Cost per participant: \$1,550 US** (excluding airfare, ground transportation, and university organization fees).

**What's included in the cost:** Tuition, registration fee, accommodations in double room occupancy at host families, three meals a day, excursions (consult itinerary for the two weeks on the next page), books, daily transportation to school, wireless internet access. Roundtrip airfare and laundry service are not included. Please arrange to arrive at México City's airport by **4.00PM** on the Sunday that you arrive and to depart two weeks later on a Saturday no earlier than 9.00AM.

**Payment schedule:** Application online plus \$150 US deposit two months in advance of your program via paypal at [pay@kukulcan.com.mx](mailto:pay@kukulcan.com.mx). Balance due upon arrival at Cuernavaca.

**Registration:** Handled on line at [www.kukulcan.com.mx](http://www.kukulcan.com.mx)

**Eligibility:** No Spanish pre-requisites, so it is appropriate even for beginners.

Leticia Becerril -Kukulcan Program Director-

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**"It is good to be bilingual, but better to be bicultural!"**

### Detailed Schedule Mexican Cuisine: Food and Cultural Identity

## Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9.00 -10.40 Functional Spanish	9.00 -10.40 Functional Spanish	9.00 -10.40 Functional Spanish	9.00 -10.40 Functional Spanish	9.00 -10.40 Functional Spanish	8.00 Guided excursion to <b>Puebla</b>
	10.50-11.35 Conversation workshop	10.50-11.35 Conversation workshop	10.50-11.35 Conversation workshop	10.50-11.35 Conversation workshop	10.50-11.35 Conversation workshop	9.00 Guided visit Puebla's Downtown. Cathedral
Arrival to Mexico City's airport by 4.00PM if earlier better.	<b>S</b>	<b>N</b>	<b>A</b>	<b>C</b>	<b>K</b>	<b>Biblioteca Palafoxiana, market, Museum Amaparo</b>
	12.00- 2.00 Culture classes.	12.00 – 2.00 Culture classes.	12.00-7.00 <b>Excursion to Tepoztlán's market.</b>	12.00 – 2.00 Culture classes.	12-2 Excursion to the <b>Ethnobotanical Garden</b>	1:00-2:00 Hotel check in .
7.00Orientation program.	2.30 – 4.00 Welcome party at Kukulcan.	2.30 – 3.30 LUNCH with host families		2.30–3.30 LUNCH with host families	2.30–3.30 LUNCH	
Proficiency exams	4 - 6 Optional visit to <b>Cuernaca's main plaza</b> (downtown)	7.30- 9.00 Optional dinner at Pozoleria el BARCO	Free evening	6 - 8 Optional Danzón night on the zócalo.	Free evening	Sleepover in Puebla

## Week 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8.00 Breakfast at hotel	9.00 -10.40 Functional Spanish	9.00 -10.40 Functional Spanish	9.00 -10.40 Functional Spanish	9.00 -10.40 Functional Spanish	9.00 -10.40 Functional Spanish	<b>Return to the U.S.++</b>
9.00 – 11:00 Field trip to Puebla's market of moles.	10.50-11.35 Conversation workshop	10.50-11.35 Conversation workshop	10.50-11.35 Conversation workshop	10.50-11.35 Conversation workshop	10.50-11.35 Conversation Workshop <b>12:00 Graduation</b>	
	<b>S</b>	<b>N</b>	<b>A</b>	<b>C</b>	<b>K</b>	
11:30 Tour to the archeological site of <b>Cholula</b> .	12.00- 2.00 Culture classes.	12.00- 2.00 Culture classes.	12.00 – 2.00 Field trip class to <b>Cuernavaca's market &amp; super.</b>	12.00- 2.00 Culture classes.	12.00- 2.00 Culture classes.	
	2.30 – 3.30 LUNCH with host families	2.30 – 4.30 Guided excursion to the <b>Brady Museum (visit the kitchen)</b>	2.30 – 3.30 LUNCH with host families	2.30 – 3.30 LUNCH with host families		
Free evening	5.00 – 7.00 Optional Mexican folk art workshop.	Free evening	7.30- 9.00 Optional Dinner at Taqueria LA TORTUGA CUCUFATA	7:30- 9.00 Optional Dinner at Fine Restaurant Casa Hidalgo.	Free evening	

\*In the event of unexpected museum closures, substitutions may apply.

\*\* Saturday departure to the US, please make sure that your flight leaves Mexico City no earlier than 9.00 AM. Note that you should be at the airport 3 hours in advance.