

West Virginia Academy of Nutrition and Dietetics Annual Conference & Expo 2024

[Saint John XXIII Pastoral Center](#) | 100 Hodges Rd Charleston, WV 25314 | eatrightwv.org/meeting2024

Thursday, March 14, 2024	
1:00 pm	Welcome and Announcements
1:00-4:00 pm	Food is Medicine Pre-Conference Workshop: Putting Fresh Produce at the Forefront of the Fight Against Food Insecurity and Chronic Disease 3.0 CPE Facilitated by Gina Wood MPH, RDN, LD
4:15 pm	Happy Hour <i>Sponsored by Abbott Nutrition</i>
5:00-7:00 pm	Networking Banquet and WVAND Awards Buffet Dinner
Friday, March 15, 2024	
	Continental Breakfast
8:00 am	Welcome and Announcements
8:15 am	The Relationship Between Dairy Foods and Health: Utilization of NHANES Data 1.0 CPE Christopher Cifelli, PhD <i>Sponsored by American Dairy Association Mideast</i>
9:15 am	Break/Exhibits
9:30 am	Empowering Athletes: Insights from a Sports Nutrition Dietitian 1.0 CPE James Burns, MS, RD, LD
10:30 am	Break/Exhibits
10:45 am	Fad Diets: Rad or Bad? 1.5 CPE Marshall University Dietetic Interns Facilitated by Mallory Mount, EdD, RDN, LD, CDCES, FAND
12:15 pm	Lunch/Business Meeting/WVAND Year in Review
1:30 pm	Master the Art of Leading Cooking Demos 1.0 CPE Karman Meyer, RDN <i>Sponsored by the Food and Culinary Professionals Dietetic Practice Group & the Academy of Nutrition and Dietetics Foundation</i>
2:30 pm	Break/Exhibits
2:45 pm	Pop Up Topics and Discussion 1.0 CPE <ul style="list-style-type: none"> ● New Weight Loss Medications - Ayesha Hassan, MD ● Artificial Intelligence and Dietetics - Pam Charney, PhD, RD, LD, FAND ● Why Leadership Matters - Marty Yadrick, MS, MBI, ACHIP, RDN, LD, FAND ● Nutrition Personas - Nina Crowley, PhD, RDN, LD
4:00 pm	Raffle, Reminders, and Wrap-Up
4:15 pm	Adjourn

Provides 9.0 Continuing Professional Education Units (includes 30 minutes of Exhibits). Meals included in registration fees. Agenda subject to change. Last updated February 9, 2024.