WEST VIRGINIA ACADEMY OF NUTRITION AND DIETETICS MEMBER UPDATES April 2022



EVENTS

Mark Your Calendars

- WVAND Election | March 18 April 18 | Learn More
- WVAND Board of Directors Meetings | Learn More
 - o Thursday, April 21, 2022, ~7 pm | Charleston, WV
- WVAND Annual Conference and Expo | Charleston, WV | <u>Learn More</u>
 - Day 1: Thursday, April 21, 2022, 1-5 pm
 - o Day 2: Friday, April 22, 2022, 8-4 pm



NEWS

Legislative Session

Public Policy Committee

WVAND members were instrumental in preventing the sunsetting (termination) of the WV Board of Licensed Dietitians during the 2022 WV Legislative session. Through the tireless work of the WVAND Public Policy committee, headed up by Helenia Sedoski, and our lobbyist, Melania Pagliaro, the WV House of Delegates decided to withdraw the bill to sunset our WVBOLD.

• EatRight Day at the Capitol | March 1, 2022

Eighteen RDNs represented WVAND at the WV State Capitol on EatRight WV Day. Organized by Rebecca Dattola of Morgantown, the group met with legislators and thanked them for their support of dietetic licensure. The group was recognized during a session of the House of Delegates and answered nutrition questions from people visiting our booth. Ann Urling, Deputy Chief of Staff for Governor Jim Justice, read several formal proclamations recognizing EatRight WV Day and National Nutrition Month.

Photos: Rebecca Dattola and Melanie Pagliaro; WVAND group; Ann Urling (Governor's Deputy Chief of Staff)









WVAND ACE

WVAND Annual Conference & Expo | April 21 – April 22 | Charleston Coliseum & Convention Center www.eatrightwv.org/meeting2022

It is time to return to attend WVAND's biggest event of the year in-person! Our last face-to-face conference was in Bridgeport in 2019.

- Day 1 Join us for a fun and educational half day session at 1 PM on Thursday, April 21, as Janine Faber, MEd, RDN, LD, discusses how to lead supermarket tours, photograph food, and work with the public. She will top it off with a hands-on "jarcuterie"-making. 4 CEUs
- Day 2 A full slate of both national and state speakers will cover a broad spectrum of topics, from handling stress and burnout, to skeletal health, eating disorders, private practice tips and an update on dietetic education. 7 CEUs

IMPORTANT -

- Registration closes on April 13th
- Our block of rooms reserved at the Holiday Inn Express expires on April 1st. Make your reservations now for the best rate. Ask for the WV Academy of Nutrition and Dietetics rate of \$108+taxes
- Masks will be required in the conference area
- The ACE will be on the 2nd floor of the Charleston Convention Center. If you are driving, park in the Lee St. parking garage (where the old Greyhound bus station used to be located) and take the skywalk to the Civic Center.
- To minimize contact, the registration table may be unmanned when you arrive. Please pick up your badge and packet and proceed to the conference room.



WV ACE SPEAKER SPOTLIGHT



Amanda Mellowspring, MS, RD/N, CEDRD-S is a Certified Eating Disorder Specialist and approved-Supervisor through the International Association of Eating Disorder Professionals (IAEDP) with close to two decades of experience leading the treatment of eating disorders at various levels of care. Amanda currently serves on the Certification Committee and Supervisors Sub-committee for IAEDP. Amanda co-authored the initial publication defining the Standards of Practice and Standards of Professional Performance for dietitians working with eating disorders in the Journal of the Academy of Nutrition and Dietetics and is a noted speaker regarding eating disorder recovery and nutrition. Amanda provides professional supervision to dietitians and providers seeking certification as eating disorder specialists and currently serves as Vice President of Nutrition Services for Monte Nido & Affiliates, overseeing nutrition programming and services for Monte Nido.



Kellie Blake RDN, LD, IFNCP is a registered dietitian specializing in functional nutrition. She graduated from the University of Kentucky in 2001 and is licensed to practice dietetics in West Virginia, Ohio, and Kentucky. Kellie was named a Top Ten Dietitian by Today's Dietitian magazine in 2015. In addition to her work as both a psychiatric and enteral nutrition dietitian, Kellie co-owns a private practice, NutriSense Nutrition Consulting, LLC, where she uses a functional nutrition approach to help her clients regain their health and quality of life. Kellie is a functional medicine writer and is the social media coordinator for the Integrative and Functional Nutrition Academy. After a life-long battle with autoimmune disease, Kellie was introduced to functional medicine and nutrition and has been able to successfully reverse her own autoimmune disease symptoms. She has published two cookbooks: The Psoriasis Diet Cookbook and Psoriasis Cookbook + Meal Plan.



ACADEMY RESOURCES

• It's time to renew your AND membership! Check out the many benefits of membership. Remember - WVAND gets most of it's funding from your membership dues. <u>Learn More</u>





Academy Membership Savings

